

Forty questions to ask your partner

In order — it opens with things that are easy to say out loud and gets harder. Take turns, and both answer every question before moving on.

- 01 What was the best part of your week?
- 02 What is something small that made you happy recently?
- 03 What is the last thing that made you properly laugh?
- 04 What did you want to be when you were ten?
- 05 What is something you are looking forward to?
- 06 What is a thing you can do that most people cannot?
- 07 What is the best advice you have been given?
- 08 What is something you have changed your mind about this year?
- 09 What would you do with a completely free week?
- 10 What is a place you want to show me?
- 11 What is something you own that has a story?
- 12 Who is the most interesting person you know?
- 13 What are you better at than you were a year ago?
- 14 What is taking most of your energy at the moment?
- 15 What do you think you are underrated at?
- 16 What is a risk you are glad you took?
- 17 What is one you avoided and still think about?
- 18 What do you think people misread about you?
- 19 What did you need at fifteen that you did not get?
- 20 Which parent are you more like, and how do you feel about that?

- 21 What is a compliment you do not believe when you hear it?
- 22 What is one you do believe?
- 23 What is something you are working on about yourself?
- 24 What is something you have decided not to change?
- 25 What did you first notice about me?
- 26 When did you know?
- 27 What do I do that makes you feel looked after?
- 28 What do I do that makes you feel unseen?
- 29 When did you last feel really close to me?
- 30 What have you stopped telling me, and why?
- 31 What is something you want from me that you have never directly asked for?
- 32 What do you think I get wrong about you?
- 33 Is there anything you have forgiven me for that I do not know about?
- 34 What do you think I need that I do not ask for?
- 35 What do you want from the next ten years that you have not said out loud?
- 36 What would you change about how we spend our time?
- 37 What do you miss about how we were earlier?
- 38 What is better now than it was then?
- 39 What do you think we both avoid talking about?
- 40 What have you been waiting for me to ask?